

# KEEPING YOUR NEW YEAR'S RESOLUTIONS

WANT TO REFINE YOUR PURPOSE, OPEN A BUSINESS OR MAKE YOUR DREAMS COME TRUE? THESE THREE READS WILL HELP YOU STAY ON TRACK BY YLONDA GAULT CAVINESS

**TAP EACH BOOK FOR DETAILS**



- 1 PRESSURE MAKES DIAMONDS** ◆ VALERIE GRAVES
- 2 SELF MADE** | NELY GALÁN
- 3 Successful Women Speak Differently** BURTON

**RESOLUTION:**

**To step out on faith**

**Read: Pressure Makes Diamonds: Becoming the Woman I Pretended to Be** (2015, Open Lens) by Valerie Graves  
 You need this book: When you get dealt a tough hand, you might choose to fold or might decide to hold. If you're Valerie Graves, you reshuffle the whole damn hand and give you the encouragement you need to make things happen in the most unlikely story of outstanding achievement on Madison Avenue will buoy you. Hers is a come-up tale that truly inspires: Raised in the most unlikely of circumstances, Graves was on no one's most-likely list. But nothing would stop her grind. The beauty of *Pressure Makes Diamonds* is that it reveals the unvarnished truth—and dirty. At the end you will come away feeling triumphant. Graves's story will give it your all and emerge triumphant. Graves's story will give you the energy who feel like throwing in the towel. Graves's story will give you the top energy offers a jump start toward meeting your goals. *Pressure Makes Diamonds* is about hope.



Valerie Graves